# Sacral Chakra Journal Prompt

Topic: When someone or something makes you feel special, it reflects your uniqueness.

*When was the last time you experienced someone or something making you feel special?*

*How often do you allow yourself to feel special without the approval of someone else?*

*What tiny agreement can you create with yourself today to help make you feel the true uniqueness of your soul?*

*How can you honor this word, even when no one is watching?*

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