

# **Connecting to Your Divine Progression Patreon F.A.Q.s**

## **How Does Connecting to Your Divine Progression Patreon Classes work?**

All classes are recorded LIVE on Zoom at scheduled class time. Upon entering the Class, you will receive a notification that the Class is being recorded. So, please make sure your mic is muted after entering to protect your identity during the recording.

## **How do I prepare for Class?**

The general rule of thumb is to be hydrated the day before and the day of Class. Be sure to have floor space, a yoga mat, or a chair, depending on your physical condition.

You know your body best, so listen to those needs and advice from your Personal Care Provider. Having a journal, pen, and water nearby is an excellent enhancer for diving deep and staying healthy. Dress comfy with loose fitting clothes, and don't be surprised if you sweat during some of our classes and time together. Once we begin Distant Reiki, you can move to any comfortable space on your bed, floor or mat and get cozy.

## **Do I need my camera on?**

This is up to you! You are welcome to have your camera on or off. Please, do what feels most comfortable for you.

## **What If I can't make the LIVE Class?**

You are covered! All classes are recorded and will be available for replay with access to all previous archived courses within your tier.

## **How Do I Access the Replay and Archived Classes?**

Classes will be uploaded to the Universal Healings Reiki Squared Platform. If this is your first time on the platform, you will receive an email or a message on Patreon Platform explaining instructions on how to access your account after the launch of your first replay class is available.

## **Is it okay to ask questions or check in at the end of Class?**

Of course! Time will be set aside for catch-ups, questions, or concerns. I will ask to unmute all participants after recording.

## **What If I have a question during Class, can I unmute myself?**

Absolutely! Just make sure that you are back muted as we continue Class.

## **Can I share this zoom link and Class with a friend or loved one?**

No. Unfortunately, the platform model is available for everyone at a cost-efficient rate for high-value access. You are encouraged to invite or gift your friend or loved one to join the community, so they have access to all the benefits.

## **I can't get the Zoom Link To work, what should I do?**

If issues arise, please double-check the class password, meeting number, and link URL. Restart your device, and make sure you are connected to WiFi. If there is still an error, message me directly from Patreon or email me at [universalhealingsllc@gmail.com](mailto:universalhealingsllc@gmail.com).

## **Will my Rate Ever Increase?**

No. You are locked in to the Patreon tier level that you signed up for.

## **Will you offer More Patreon Tiers in the future?**

Yes. More tiers and offerings will be made available in the future.

## **Can I leave Patreon if I don't like your classes?**

Yes. By no obligation do you have to stay connected each month. You can choose which month topics interest you and pop in or stay connected each month. Once you leave the Patreon platform you will no longer have access to your Reiki Squared account for class replays and archives.

## **How Do I know what Themes and Topics will be discussed each month?**

A pinned post on the Patreon Platform is made available for all of 2023. You can also follow us on [Facebook](#) or [Instagram](#) for all updates.

## **I don't like the Times and Days chosen - Why did you choose this?**

Class days and times were taken by the most popular answers by a group poll.

## Can I have a personalized session with you?

Yes. All available session types or consults are made available  
<https://universalhealings.center/book-my-appointment/>

## Do you have more information available about the Chakras?

Yes. Two types of 8-Week Interactive Chakra Courses are made available.

1. **Basic Version:** This course is a self-guided pace with daily check-in videos and 7 workbooks to discover and learn how the body energy works, how to tap into your chakras, how to identify chakra imbalances, and so much more.
2. **Premium Version:** This course is made for those looking for more guidance, whether on a personal level or business/career to dive deep within the subtle body energies to explore and unlock the unlimited potential within themselves, enhance their communication with themselves and others, explore new techniques and so much more. This course offers Daily video check-ins, LIVE recorded classes, activities, weekly email check-ins while on the course, quizzes, 7 workbooks, and unlimited access to exclusive online classes as they are released. After completing the Premium Course, you will become a Certified Chakra Practitioner and receive a certificate and official attunement.

For more information on both options, please visit <https://universalhealings.center/chakra-balancing-course/>

## Can I purchase your Interactive Chakra Journals/Workbooks separately?

Yes. All Interactive Chakra Journals are made available on Amazon. Please Visit  
<https://universalhealings.center/journals/>

## What Makes you qualified to teach and perform these classes?

I am an energy enthusiast, author, Reiki Master teacher with both spiritual and hospital experience in the Usui Ryoho & Kundalini, Practitioner of Access Consciousness, Kundalini Yogi, and certified Aromatherapist specializing in the Traditional Hindu Chakra System.

My journey started in 2012 when Reiki first found me; in 2016 Universal Healings LLC was born.

I Integrate all of my energy work techniques and Aromatherapy specialty to allow people to ignite with their inner flame with a release of serotonin while balancing out the Parasympathetic and Sympathetic nervous systems. I LOVE to positively transform the lives of others through my methods of education, accountability, and a genuine enthusiasm for success and I am so happy you are next!